

**PERSONAL INFORMATION . . .**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone #: Home (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_ Mobile (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_  
Email (*for appointment reminders + specials*): \_\_\_\_\_  
Occupation: \_\_\_\_\_ How did you hear about us? \_\_\_\_\_  
Hobbies/Exercise: \_\_\_\_\_

**MEDICAL HISTORY . . .**

1. All Recent/Past Injuries & Surgeries: \_\_\_\_\_  
2. Currently Under Doctor's Care? YES NO Conditions: \_\_\_\_\_  
3. Medications: \_\_\_\_\_  
4. Conditions - WE MUST KNOW FOR YOUR SAFETY! (circle all that apply):

Allergies (acutane - shellfish - cosmetics - coconut/nut) List Other Allergies: \_\_\_\_\_

- |                               |                       |                            |
|-------------------------------|-----------------------|----------------------------|
| Asthma                        | Headaches/Chronic     | Metal bone pins or plates  |
| Back/Shoulder Conditions      | Head or Neck Injuries | Pacemaker                  |
| Broken Bones                  | Hepatitis             | Psychological              |
| Cancer (current or remission) | Herpes                | Sinus Problems             |
| Cardiac Problems              | High Blood Pressure   | Skin Diseases              |
| Diabetes                      | Hypertension          | Surgeries                  |
| Eczema                        | Hysterectomy          | Urinary or Kidney Problems |
| Epilepsy                      | Immune Disorders      | Varicose Veins             |
| Fever Blisters                | Lupus                 |                            |

**MASSAGE . . .**

1. Have you received a professional massage before? YES NO  
2. Are you pregnant or planning? YES NO      3. Are you wearing contacts? YES NO  
4. What do you need out of your massage? \_\_\_\_\_  
5. Questions/Concerns? \_\_\_\_\_  
6. Stress level? HIGH - MEDIUM - LOW

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

**SPA TREATMENT •••**

1. Is this your first treatment? YES NO
2. Are you taking birth control? YES NO
3. Do you wear contact lenses? YES NO
4. Do you smoke? YES NO
5. Are you using or have you ever used Accutane? YES NO
6. What other body treatments have you had? \_\_\_\_\_  
If yes, was it a good experience? \_\_\_\_\_
7. What is your stress level? (circle best answer) HIGH MEDIUM LOW
8. Do you have any allergies to cosmetics, foods, seaweed, shellfish, or drugs? YES NO  
If yes, please list \_\_\_\_\_
9. What products do you use presently? \_\_\_\_\_

**FACIAL OR WAXING •••**

1. Allergies List \_\_\_\_\_
2. Are you currently being treated with chemotherapy? YES NO
3. Have you used any Glycolic or Alpha Hydroxy Acid products in the last 48 hours? YES NO
4. Are you currently using Retain A products? YES NO
5. Have you recently received a chemical peel? YES NO
6. Have you used Acutane in the past 6 months? YES NO
7. Have you used Renova recently? YES NO
8. Are you exposed to sun on a daily basis? YES NO
9. Do you regularly use a tanning bed? YES NO
10. Are you taking any medications, being treated by a Dermatologist or Plastic Surgeon for any conditions or surgery? If so, please explain: \_\_\_\_\_

This is to acknowledge that I have been informed of all aspects of my waxing service and that I understand that I may experience possible redness and or skin irritation's. It is with this understanding that I agree to have these services and I accept all responsibility for such thereby releasing the Spa and the service provider from liability. I am over/under twenty one years of age.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_